

# GROCERY LIST

## Produce

- Romaine (3 hearts)
- English Cucumber (1 large)
- Bell Pepper (1)
- Cherry Tomatoes (1 x 12 oz container / 341 g)
- Yukon Golds (5)
- Chives (1 bunch)
- Dill (1 bunch)
- Garlic (1 bulb)
- Shallot (1)
- Lemon (1)
- If Needed: Green Cabbage (1)

## Shelf-Stable Goods

- Jasmine Rice (1 x 32 oz bag / 907 g)
- Panko Bread Crumbs (1 x 8 oz box / 227 g)
- Canned Tomatoes (1 x 28 oz can / 794 g)
- Canned Garbanzo Beans (1 x 15.5 oz can / 439 g)

## Dairy & Eggs

- 6-8 Eggs
- Greek Yogurt (1 x 16 oz container / 454 g)
- Buttermilk (1 x 16 fl oz carton / 473 mL)

## Cheeses

- Feta Crumbles (1 x 6 oz container / 170 g)
- White Cheddar (1 x 8 oz block / 227 g)

## Suggested Proteins

- Boneless-Skinless Chicken Breasts (3-4)
- 1 lb of Ground Chicken

(all specified quantities are intended for 2 people)