

INGREDIENT LIST

Produce

- Carrots (2)
- Avocados (3)
- Garlic (1 bulb)
- Shallots (1)
- Fresno Chiles (4)
- Cilantro (2 bunches)
- Lemon (1)
- Lime (3)
- Cabbage (1 head)
- Romaine (2 hearts)
- Honey Mangoes (2)
- Roma Tomatoes (3)
- 2-inch Ginger Knob

Shelf-Stable Goods

- Cornmeal (24 oz / 680 g)
- Coconut Milk (1 x 13.5 oz can / 400 mL)
- Black Beans (2 x 15 oz cans / 425 g)
- Corn Tortillas (10-12 tortillas)
- Jasmine Rice (1 1/2 cups)

Dairy & Eggs

- Greek Yogurt (1 x 5.3 oz container / 150 g)
- Buttermilk (1 x 16 fl oz carton / 473 mL)

Cheeses

- Mexican-Style Cheese Blend (8 oz / 226 g)

Suggested Proteins

- Boneless-Skinless Chicken Breasts (2)
- Shrimp (20-24)
- Skirt Steak (1 lb)

(all specified quantities are intended for 2 people)