

INGREDIENT LIST

Produce

- Baby Arugula (5 oz / 142 g)
- Asparagus (1 bunch)
- Basil (4 oz / 113 g)
- Dill (1 bunch)
- Chives (1 bunch)
- Garlic (1 bulb)
- Shallot (2)
- Campari Tomatoes
- Lemon (5)
- English Cucumber (1)
- Radishes (3-4)

Shelf-Stable Goods

- Pearled Farro (8.8 oz / 249 g)
- Raw Almonds (1/2 cup / 75 g)
- Balsamic Glaze (8.45 fl oz / 250 mL)

Cheeses

- Burrata (2 x 4 oz. balls)
 - Fresh Mozzarella works too)
- Parmigiano Reggiano (8 oz / 226 g)

Suggested Proteins

- Boneless-Skinless Chicken Breasts (4)
- Shrimp (12-14)
- Salmon (2 fillets)

(all specified quantities are intended for 2 people)